# KAATERSKILL FALLS + NORTH SOUTH LAKE

## RECOMMENDED HIKES:

### KAATERSKILL FALLS

Below are some options for how you can view the falls. If you plan to do more than walk to the observation platform be sure to be wearing appropriate footwear (ditch the sandals), as the trail is rocky. Please note that there is no access to the falls from the 23A parking lot, you will need to park in the lot on Laurel House Road. If the lot is full, go back another time, parking tickets are issued at this site.

LAUREL HOUSE ROAD: Park here for a leisurely 7 minute stroll to the overlook platform above the falls. From here you can walk down to the lower falls (right at the blue trail) if you want more views and exercise.

SCUTT ROAD: For more of an adventure, park here and follow the blue trail to either the viewing platform or the lower falls

MOUNTAIN TOP HISTORICAL SOCIETY: Experience the approach to the falls like it's the 1800s by parking at the MTHS and following the rail trail to the Laurel House Road. parking lot and then the falls.

### NORTH SOUTH LAKE

$10 per car to enter the park + dogs need proof of rabies vaccination

A great destination for easy to moderate walks and rewarding views. Check at the gatehouse to see which lake has swimming and a lifeguard on the day of your visit. Canoes can be rented from South Lake and are first come first serve. There are picnic tables and charcoal grills at both lake parking lots.

THE SITE OF THE CATSKILL MOUNTAIN HOUSE: Easiest - park at the South Lake parking lot and stroll over to the site of the former Catskill Mountain House, no building remains, but the unforgettable views of the Hudson Valley do.

LAKE LOOP: Easy | 2.5 miles round trip - follow the yellow trail around the lake for an easy hike with lovely lake views and secluded lunch spots.

SUNSET ROCK: Intermediate | 1.8 miles there and back - Park at North Lake and follow the Escarpment Trail to Sunset Rock, you will see views of both the Hudson Valley and the Catskills.

MARY'S GLEN TO NORTH POINT - intermediate | 3.2 miles there and back - There are not too many parking spots at this trailhead, so arrive early (or later)! This hike takes you past a "waterfall" without much water, a cave and some amazing vistas at the top.

SAFETY:

- If you arrive at a crowded trailhead, it is best to look for a less crowded one
- Don't linger in the parking lot, get hiking!
- We find trailheads to be least crowded in the morning and late afternoon. Avoid arriving at noon when you may not be able to find a parking spot
- Wear your mask when you pass people on the trail and always keep 6 feet from other hikers
- Take only memories and leave nothing but footprints
- Whenever parking outside of a designated trailhead parking lot, look for No Parking signs. Hikers can get parking tickets too!
- Unfortunately, deaths occur every year at Kaaterskill Falls -- no selfies near the edge please!

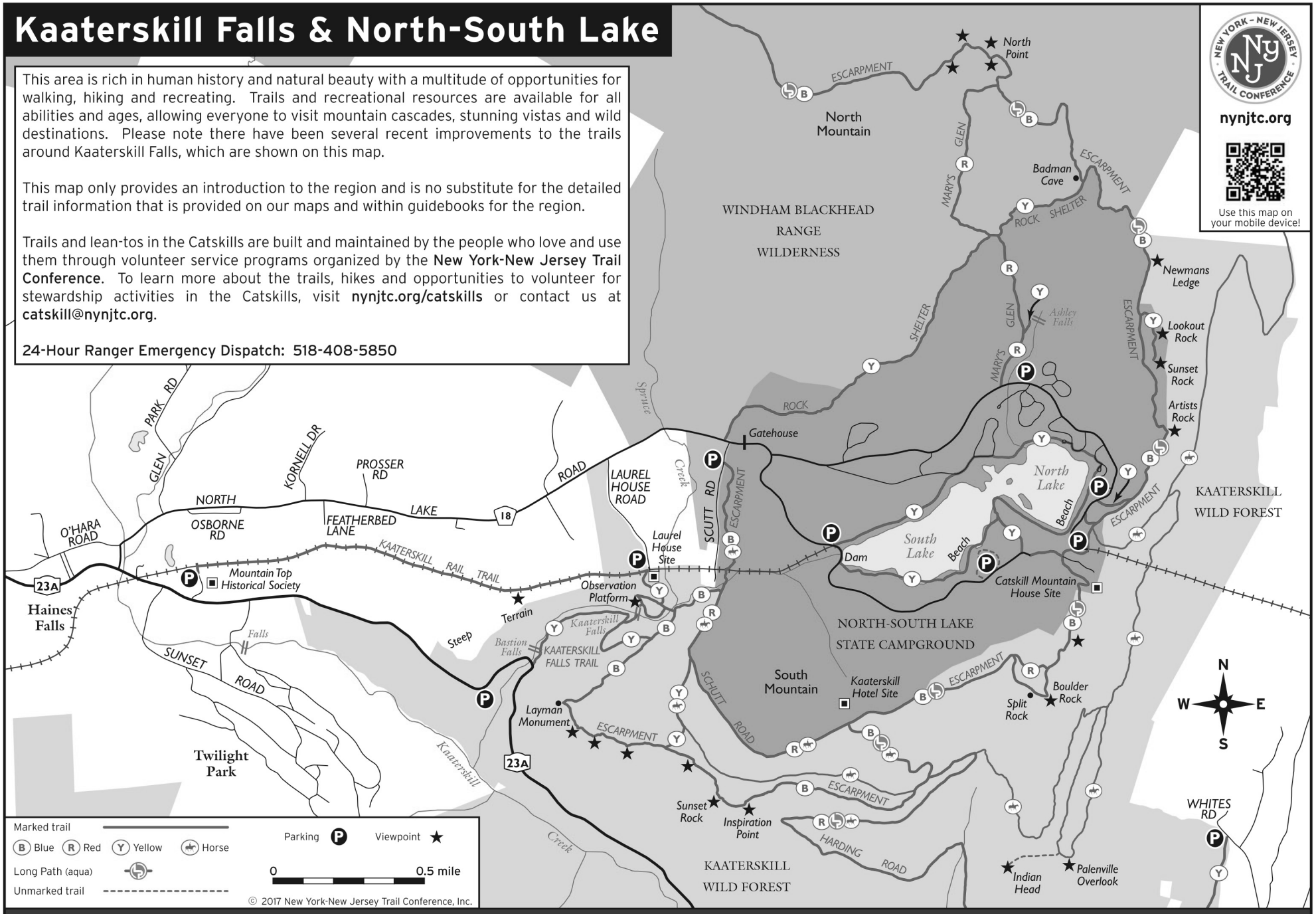
# Kaaterskill Falls & North-South Lake

This area is rich in human history and natural beauty with a multitude of opportunities for walking, hiking and recreating. Trails and recreational resources are available for all abilities and ages, allowing everyone to visit mountain cascades, stunning vistas and wild destinations. Please note there have been several recent improvements to the trails around Kaaterskill Falls, which are shown on this map.

This map only provides an introduction to the region and is no substitute for the detailed trail information that is provided on our maps and within guidebooks for the region.

Trails and lean-tos in the Catskills are built and maintained by the people who love and use them through volunteer service programs organized by the **New York-New Jersey Trail Conference**. To learn more about the trails, hikes and opportunities to volunteer for stewardship activities in the Catskills, visit **nynjtc.org/catskills** or contact us at **catskill@nynjtc.org**.

24-Hour Ranger Emergency Dispatch: 518-408-5850

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Use this map on your mobile device!

Map adapted by the **New York-New Jersey Trail Conference** from ***Catskill Trails***, a six-map set that includes elevation contours, is waterproof and tear-resistant, and shows more than 400 miles of marked trails throughout the Catskill Park.

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**Trail Conference** books and maps are the go-to trail resources for the NY-NJ area. Pick up your copies at **www.nynjtc.org** today!

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The **Trail Conference** supports parks by mobilizing thousands of outdoor-loving volunteers who create, maintain, and protect 2,150 miles of public trails. **Support trails and the work of our volunteers by purchasing great trail maps, volunteering on the trails, or simply visiting nynjtc.org for more info.**